



Henry Coe State Park Hunting Hollow 5K/10K Fun Run and Walk Saturday June 8, 2019 9:00 AM

Presented by **THE PINE RIDGE ASSOCIATION** - www.coe-park.net

The Hunting Hollow 5K and 10K Run/Walk in Henry Coe State Park follows a fairly flat dirt trail course through beautiful late spring flowers, green hills, majestic oaks, sycamores, and bay trees. In short, it is a very delightful place to be. It is a run for those with a competitive spirit and a delightful stroll through the park for those who want to walk in the woods.

Benefit: Activities and projects supporting Henry Coe State Park.

Location: Hunting Hollow Park entrance on Gilroy Hot Springs Road past Coyote Lake.

Parking: Volunteers will be available to help you park. Parking is limited. Carpool if possible.

Register by mail: Complete and sign entry form. Include a stamped, self addressed 4x9 envelope with check payable to **Pine Ridge Association**.

Mail to: Hunting Hollow 5K/10K Run/Walk, 443 Chestnut Avenue, Milpitas, CA 95035

Registration: Online registration and entry forms can be found at: <http://coepark.net/hh5k10k.html>

Divisions: M&F: Under 14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Awards to first three finishers in each division.

Information: davidcartwright8@aol.com 510-324-9737

FEES

Early Registration	\$30
Late Registration (online only)	\$35
Race Day Registration	\$40
Children Ages 0-10	\$10

Groups of 8 or more get discount of \$5 each
Call or Email for information

Early Registration ends 6/1
Last postmark for mail-in entries: 6/1
Late registration ends 6/5

Race Day Registration 7:45 to 8:45 am

Includes: T Shirt (while supplies last). tax deductible gift of \$10, park use fee of \$6 per car

Sex: M__ F__ Race Day Age____ Birthday _____ 5K__ 10K__ T Shirt Size: S__ M__ L__ XL__ XXL__

First Name: _____ Last Name: _____ Group _____

Address: _____ Email: _____

City: _____ State: _____ Zip: _____ Phone: _____

Please read the following legal information carefully and sign below.

I know that running a trail race is a potentially hazardous activity and that I should not participate unless I am medically able and properly trained. I assume any and all risks associated with running in this event, including, but not limited to falls, contact with other participants, the effects of weather, and trail conditions, all such risks being known to me and appreciated by me. In consideration of acceptance of my entry, I hereby, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and I unconditionally waive and release and discharge the race officials, volunteers, and any and all sponsors, including any of their agents, employees, assigns, or anyone acting for or on their behalf, from any claim or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event, whether same be caused by negligence or fault. This release and waiver extends to all claims whatsoever, foreseen or unforeseen, known or unknown.

Photo/Video Release: I agree to allow The Pine Ridge Association (PRA) to take and use my photograph or my child's photograph for publicity to promote future events benefiting Henry W. Coe State Park, pursuant to California Civil Code Section 3344.

Participant's signature _____ Date: _____

Parent/Guardian signature _____ Date: _____

(if participant is less than 18 years old)